

How to Make Smart Connections

How do you rate your ability meet and talk with others?

How frequently do you meet and talk to new people?

What is one good reason to meet lots of people?

Today you are going to reach out to three different people in class. Choose people you do not know or do not know well and make conversation for 2-3 minutes with each one. If you are not sure how to engage someone in light conversation, remember the acronym **FORM** for conversation starters. Ask questions about **F**, family; **O**, occupation; **R**, recreation; **M**, is/her message or passion. When you finish your conversations, fill in the information below.

Write down the name of the person/s you meant.

Write down what you learned.

Write down how it made you feel.

Write down how it helped you.
