

## Brainstorm the Benefits!

**Did you know?** Volunteer experience looks impressive on a resume and may help you land a good job. It can also make you happier and healthier. Brainstorming some of the benefits of volunteering may encourage you to give back to your community this holiday season.

**To Form Your Team:** Connect up with 2 or 3 classmates who are born in the same season as you were born.

**Brainstorm the Benefits:** With your group brainstorm at least 20 benefits of volunteering.



Look online at [volunteermatch.org](http://volunteermatch.org) and see if can located an opportunity that interests you.

Write down a few matches that interest you. \_\_\_\_\_  
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What would be your next step you need to take to serve as a volunteer? \_\_\_\_\_  
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*If every American donated five hours a week it would equal the labor of twenty million full time volunteers.*

Whoopi Goldberg