

Get SMART

Print this student lesson guide

As you work through your online *Get SMART* lesson, use this guide to enter your responses.

Why goals?

Write down your most important reason/s for setting goals.

What do you want?

Describe the pictures, ideas, and quotes you would put on your dream/visioning board.

Did you check out the Vision Board Application? If so, what did you think? _____

How do you write goals?

Define the SMART goal acronym.

S _____

M _____

A _____

R _____

T _____

Write three of your goals and make each one SMART.

	My College Goal:	My Career Goal:	My Personal Goal:
S			
M			
A			
R			
T			

S
M
A
R
T